

Program (Virtual)

Tuesday, 28th September, 2021

09:00-12:00 Eastern Daylight Time

# Novel Strategies to Improve Balance during Fragility Fracture Management

In this workshop, we will discuss recent advances in balance training of older adults, particularly for patients recovering from fragility fractures. The workshop participants will learn ways to implement different approaches of balance training into physiotherapy clinical practice and understand the role of cognition in mobility and balance among older adults, specifically those at risk of falling.

#### **SCHEDULE**

9:00-9:15	<ul> <li>Opening</li> <li>Overview of the Day: Drs. D. Avers (USA) &amp; M. Auais (Canada)</li> <li>Welcome Message from PT-SIG: Drs. M. Kristensen (Denmark) &amp; L. Beaupre (Canada)</li> </ul>
9:15-9:30	Advances in Balance Perturbations in Practice Mark Rogers (PT, PhD, USA)
9:35-9:50	Progressive Balance Training for Older Adults with Fear of Falling Alexandra Halvarsson (PT, PhD, Sweden)
9:55-10:10	Balance Training for Fragility Fracture Management Christine McDonough (PT, PhD, USA)
10:15-10:30	Promoting Mobility in Aging with Exercise: Role of Cognition and the Brain Teresa Liu-Ambrose (PT, PhD, Canada)
10:30-10:45	Health Break
10:45-11:45	Panel Discussion with All Speakers
11:45 -12:00	Closing Remarks: Dr. K. Mangione (USA)

\*All times are in Eastern Time.



## 9th FFN Global Congress

# More PT-related workshops and presentations are available throughout the conference from 29-30th September 2021

### **Sample Physiotherapy Related Content**

29th September 2021		
10:30-11:30	Improving Community Ambulation after Hip Fracture: How Treatment Fidelity, Adherence & Frailty Impact Outcome (workshop ) Moderators: Kathleen K. Mangione (USA), Suzanne N. Morin (Canada)	
13:05-13.25	Osteosarcopenia and the Prevention of Falls and Fractures in the Older Adults Felipe Salech (Geriatrician, Chile)	
30th September 2021		
9:05-9:25	Sarcopenia & Exercise after Hip Fracture Maria Fiatarone Singh (Geriatrician, Australia)	
9:25-9:45	Home Physical Therapy in People with Dementia Jennifer Stevens-Lapsley (PT, USA)	
9:45-10:05	"Physiotherapy – But Not Here": An Ethnography of Acute Orthopaedic Wards with a Focus on the Cognitively Impaired Jane Cross (PT, UK)	
13:00-14:00	Challenges and Opportunities from COVID: A Physiotherapy Perspective Caitlin McArthur (PT, Canada)	

You can listen and view all sessions whenever and wherever you want. Early Bird Registration will end on the 31st of July 2021. For more information and registration details, please visit: https://www.fragilityfracturenetwork.org/project/ffn congress 2021/